

The Hornby Island Educational Society is hosting a 2-day Standard First Aid course taught by visiting Instructors from



LGOS Instructors

The Lifeguard Outreach Society has first aid instructor volunteers excited to visit your community to teach first aid and water safety programs. Our instructors are based in Vancouver and Kamloops and drive long distances to teach first aid and swimming survival during the summer. We have experience in real life application of first aid and want to share our knowledge passion with youth. We can work full days teaching in any cycle and are happy to volunteer to help with any tasks during the symposium when we aren't teaching first aid.

**When: Monday August 28
Tuesday August 29**

Time: 9am – 5pm

Where: TBA

Cost: \$30 per person

**Must register in advance:
Call or e-mail Charmaine Logan
250-335-1085 or
hies.ed@gmail.com**

STANDARD FIRST AID (CPR-C & AED)

Standard First Aid Provides comprehensive training covering all aspects of first aid and CPR. This course is for those who want an in depth understanding of First Aid.

Adult CPR

Child CPR

Infant CPR

How to use an AED

Victim Assessment

Choking

External bleeding

Heart attack

Stroke

Broken Bones and Fractures

Sprains and Strains

Medical/Legal aspects

Spinal injuries

Heat or cold injuries

Bone and joint injuries

Abdominal and chest injuries

Burns

Medical emergencies

Includes CPR-C and AED certification.

Lifesaving Standard First Aid is a government of Alberta OH&S workplace approved training program.

16 hours

Ideal for: Health Care workers, Youth leaders, Dentists, Doctors, Teachers, New parents, Coaches, Fire-fighters, Fitness Instructors, Caregivers, Service sector workers, lifeguards, nurses and students.